



**AGREEMENT & RELEASE OF LIABILITY**

1.) In consideration of being allowed to participate in the activities and programs of Fitness Mastermind, Robby Wilson, & (said trainer) \_\_\_\_\_ and to use its facilities, equipment, and machinery in addition to the payment of any fee or charge, I do hereby waive, release, and forever discharge Fitness Mastermind and it's employees and all responsibility from injuries or damages resulting from my participation in any activities, or my use of machinery/equipment. I do also hereby release all of those mentioned and any others acting on their behalf from any responsibility or liability for any injury or damage to myself, including those caused mentioned or others acting on their behalf, or in any way arising out of or connected with my participation in any activities of Fitness Mastermind, Robby Wilson, or (trainer)\_\_\_\_\_.

(Client please Initial)\_\_\_\_\_

2.) I understand and am aware that strength, flexibility, and aerobic exercise including the use of equipment, is potentially hazardous. I also understand that fitness activities involve a risk of injury and even death, and that I voluntarily participate in these activities with possible danger involved. I hereby agree to expressly assume and accept any and all risks of injury or death.

(Client please initial)\_\_\_\_\_

3.) I do hereby further declare myself to be physically sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent my participation or use of equipment as hereinafter stated. I do hereby acknowledge that I have been informed of the need for physician approval for participation in any exercise/fitness activity. I also hereby acknowledge that it has been recommended that I have a yearly or more frequent physical exams and consultation with my physician. I acknowledge that I have either had a physical examination and have been given my physician's permission to exercise or that I have decided to participate in activity without the approval of my physician and do hereby assume all responsibility for my participation and activities, and utilization of equipment and machinery in my activities. I do hereby waive my right to engage in any legal suit, via first or second party suit, or any legal action toward Fitness Mastermind, LLC and all trainer/staff included, as well as Mr. Robby Wilson (Robert Wilson).

(Client Please Initial)\_\_\_\_\_

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**DATE:** \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

**PRINTED NAME:** \_\_\_\_\_

**SIGNATURE (Parent signature if client is a minor):** \_\_\_\_\_

**Phone:** \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

**E-Mail:** \_\_\_\_\_ @ \_\_\_\_\_

**TRAINER/WITNESS SIGNATURE:** \_\_\_\_\_